

Topic	Explanation
Country, city	Bulgaria, Plovdiv
Name	Basketball
Aim	Play the game, practice basic basketball skills
Duration of the lessons	15 – 40 minutes
Expertise, experience of trainer	experience as a physical education teacher or coach, as a basketball player
Age group	6-18 ages
Rules	No adaptation/slightly amended and simplified
Set of movements	No/slide adaptation Point on individual and non-competitive drills
Equipment	Hardware: Smaller height stand, adapted ball with sound, hoops. Special clothing: Different colour for each team Any other material:
Required space	Basketball playground
Inclusive experience	Any inclusive experience will be useful

Type of disability	Rules (game rules, duration)	Instructions	Set of movements	(Adapted) Equipment
Hearing impairment Complete loss	x	Use gestures, demonstrations, symbols, cards, colours for the teacher. Student reads teacher's lips. Don't cover your mouth.	x	x
Reduced hearing	x	Use gestures, demonstrations, symbols, cards, colours for the teacher. Don't cover your mouth. (depends on %)	x	x
Visual impairments • Low vision	Rules are amended. Shooting: Low vision students score points in their own hoop. A student can stay out of field and hold a hoop (as a stand). He/she could help by moving hoop to the ball.	Shooting: Give the student time for spatial orientation in the playground and hoop. Passing: Get students to signal when they have the ball or pass it.	Shooting: is performed in a lower and larger hoop, or floor basketball hoop.	Use adapted ball with sound or sensory ball for drills. Adapted facilities with bright colours and contrast Different hoop (bigger or lower positioned) only for blind student. Sports shirts, different colour for each team.
• Reduced vision	x	Exercise with an assistant.	Dribbling, shots in the hoop.	Use adapted ball with sound or sensory ball for drills. Sports shirts, different colour for each team. Different hoop (bigger or lower positioned, or floor basketball hoop) only for blind student.
No vision				
Mobility impairment Reduced mobility (use of lower limbs and upper limbs)	Shooting: Score a point in his/her own hoop. Passing: Setting a minimal distance from the opponent.	Use physical guidance and tactile modelling.	Excluding long distance runs and throws.	Different hoop (bigger or lower positioned) only for impaired student.
Reduced mobility (use of lower limbs and no use of upper limbs)	-	-	-	-
Reduced mobility (no use of lower limbs and no use of upper limbs)	-	-	-	-
Wheelchair users (use of upper limbs)	Shooting: Score a point in its own hoop. Dribbling: Allow double dribbling. Passing: Define a minimum distance to the opposing player.	Use physical guidance and tactile modelling.	Excluding long distance runs and throws	Different hoop (bigger or lower positioned) only for impaired student.
Wheelchair users (no use of upper limbs)	-	-	-	-
Communication impairment Speech impairments	x	x	x Point on individual and non-competitive drills.	x Use sensory ball for drills.
Learning impairment • Mild	Simplify rules for 3 seconds, 10 seconds, steps, if it is needed.	Use short sentences. Use verbal meditation, (saying aloud what would normally be thought). Demonstrate. Avoid metaphors.	x	Sports shirts, different colour for each team.
• Moderate	Disregard rules for 3 seconds, 10 seconds, steps, if it is needed.	Use short sentences. Use verbal meditation, (saying aloud what would normally be thought). Demonstrate. Avoid metaphors.	x	Sports shirts, different colour for each team.
• Severe	Practise shooting in the hoop	Demonstrate. Use physical guidance and tactile modelling.	Only shooting.	Need assistant.

