

Topic	Explanation
<b>Country, city</b>	Austria, Vienna Croatia-Rijeka
<b>Name</b>	Bocce
<b>Aim</b>	The aim is to throw and place bocce as close as possible to the target ball and thereby score points. Bocce helps develop the coordination of skills. It helps to increase interaction within a team.
<b>Duration of the lessons</b>	3 weekly lessons (one lesson lasts 30 minutes).
<b>Expertise, experience of trainer</b>	PE Teachers.  Introduces children to sports by teaching them age-appropriate gross motor development skills that support their active participation in physical activities.  An expert is needed with a degree, who has gone through the program of getting the necessary competencies. Years of experience, additional education and exchange of experiences with trainers from around the world. Preferably for trainer to pass additional tests from special pedagogy, sociology, didactics, defectology, professional seminars and education for working with children with intellectual difficulties. It is preferable for trainers to pass additional tests from special pedagogy, sociology, didactics, defectology, professional seminars and education for working with children with intellectual difficulties.
<b>Age group</b>	This is a sport meant for persons with disabilities from the pre-school age all the way to old age (for all age groups).
<b>Rules</b>	Each player has 2 identical playballs. One player is drawn or selected, to start the game by throwing the target ball from a starting point that he chooses. All other players have to play from this point as well. The target ball can be thrown basically anywhere, there is no special playing area. The player who had thrown the target ball (jack) has to start the game by throwing his first playball. All other players continue by throwing their first playball as well. The player whose ball is furthest from the target ball, has to throw his second playball. All other players have to play their second and third playing ball as well, according to the distance. Afterwards the points are to be counted. The player who won the round begins the next round by throwing the target ball to a place he chooses. If two or more players scored identical points, then the player who won the previous round gets to start the next round.
<b>Set of movements</b>	elbow push, pushing bocce by hand or head, to push the bocce by stick which is held in the mouth, rolling the bocce on the floor (which is thrown by arm or the special ramp for playing bocce – by what the bocce slips).
<b>Equipment</b>	<b>Hardware:</b> Helmet with superstructure holder, fender-ramp - by what the bocce slips, mouth stick for pushing the bocce , metallic paint set for bocce or wooden bocce, splints  Competition wheelchairs - as standard as possible. Scooters may also be used.  <b>Special clothing:</b> - <b>Any other material:</b> -
<b>Required space</b>	Bigger halls or the adjusted outdoor field/playground (jog, zog)
<b>Inclusive experience</b>	An expert is needed with a degree, who has gone through the program of getting the necessary competencies. Years of experience, additional education and exchange of experiences with trainers from around the world. It is preferable for trainers to pass additional tests from special pedagogy, sociology, didactics, defectology, professional seminars and education for working with children with intellectual difficulties.

Type of disability	Rules (game rules, duration)	Instructions	Set of movements	(Adapted) Equipment
<b>Hearing impairment</b> <b>Complete loss</b>	x, 2 hours training session	Communication by sign language and reading from the lips, coach needs to point face towards a player and to have an eye contact with him/her, optional professional communication assistant as support for player beginner, blue and red flags, cards with tags of different movements and actions	x	A light signal of the referee or a flag , cards with tags of different movements and actions
<b>Reduced hearing</b>	x, 2 hours training session	Communication by sign language and reading from the lips, coach needs to point face towards a player, optional professional communication assistant as support for player beginner, blue and red flags, cards with tags of different movements and actions	x	A light signal of the referee or a flag or vibration signal , cards with tags of different movements and actions, hearing loop – special type of sound system for use by people with hearing aids
<b>Visual impairments</b> <b>• Low vision</b>	2 hours training session	Giving instructions verbally and by need tactile (touch)	x	Fluorescent colored bocce, lightened target ball, fluorescent marks on the field (edges of the field), illuminated hall, outfit in bright colours  Green balls should be avoided when playing in the grass
<b>• Reduced vision</b>	2 hours training session	Giving instructions verbally and by need tactile (touch)	x	Fluorescent colored bocce, illuminated target ball, fluorescent marks on the field (edges of the field), illuminated hall, outfit in bright colours  Green balls should be avoided when playing in the grass

<b>No vision</b>	2 hours training session	Giving instructions verbally and tactile (touch)	x	Balls with bells in order to create sounds when ball has been thrown,  sports assistant for collecting and adding bocce, to add and scroll pegs on board  assistant's whistle when starting and ending a game  Bocce Grid- The rubber grid and press in pegs allow the player to scan/see the board, which is scaled to the playing area, with their fingers. Pegs have different shapes for every team
<b>Mobility impairment Reduced mobility (use of lower limbs and upper limbs)</b>	x, 2 hours training session	Players with reduced mobility (use of lower limbs and upper limbs) can play by sitting on chair.  If a player with reduced mobility (use of lower limbs and upper limbs) plays with a player without disabilities, then it is preferred that a player without disabilities also sits on the chair.	x	sports assistant for collecting and adding bocce, splints
<b>Reduced mobility (use of lower limbs and no use of upper limbs)</b>	x, 2 hours training session	Player with reduced mobility (use of lower limbs and no use of upper limbs) can play: 1) rolling bocce by feet 2) pushing bocce by stick which is held in the mouth, through the ramp - by what the bocce slips. 3) ) pushing a bocce by special designed helmet with superstructure holder, through the ramp - by what the bocce slips.	If player is rolling the bocce by feet: movements which are possible to be done by feet and legs  If player is pushing the bocce by stick or special designed helmet with superstructure holder: movements which are possible to be done by neck movements	sports assistant for collecting and adding bocce, flat and smooth base/floor, special designed ramp for playing bocce - by what the bocce slips, special designed helmet with superstructure holder
<b>Reduced mobility (no use of lower limbs and no use of upper limbs)</b>	x, 2 hours training session	Player with reduced mobility (no use of lower limbs and no use of upper limbs) can play: 1) rolling bocce by amputated limbs 2) pushing a bocce by stick which is held in the mouth, through the ramp - by what cross bocce slips. 3) ) pushing a bocce by special designed helmet with superstructure holder, through the ramp - by what bocce slips.	If player is rolling bocce by amputated limbs: movements which are possible to be done by amputated limbs  If player is pushing a bocce by stick or special designed helmet with superstructure holder: movements which are possible to be done by neck movements	sports assistant for collecting and adding bocce, flat and smooth base/floor, special designed ramp for playing bocce - by what bocce slips, special designed helmet with superstructure holder
<b>Wheelchair users (use of upper limbs)</b>	x, 2 hours training session	x	x	sports assistant for collecting and adding bocce, flat and smooth base/floor, optional sporting wheelchair, splints
<b>Wheelchair users (no use of upper limbs)</b>	Competitive sport the rules are adjusted, 2 hours training session, Ramp assistant adjusts how a junior athlete says	Player - Wheelchair user (no use of upper limbs) can play: 1) pushing a bocce by stick which is held in the mouth, through the ramp - by what bocce slips. 2) ) pushing a bocce by special designed helmet with superstructure holder, through the ramp - by what bocce slips. 3) if player can do easy movements by feet, he/she can roll a bocce by feet	If player is pushing a bocce by stick or special designed helmet with superstructure holder: movements which are possible to be done by neck movements  If player is pushing a bocce by feet: movements which are possible to be done by feet	sports assistant for collecting and adding bocce, flat and smooth base/floor, optional sporting wheelchair, ramp for playing bocce - by what the bocce slips, special designed helmet with superstructure holder, splints
<b>Communication impairment Speech impairments</b>	x, 2 hours training session	x	x	x
<b>Learning impairment • Mild</b>	Extra explanation, only if needed, 2 hours or training session	Returning to the exercise and giving additional explanation, only if needed	x	x
<b>• Moderate</b>	Recreational sport, simple rules they roll the ball for safety, 2 hours or less training session	returning to the exercise, if needed  to teach the child a few moves as much as he can adopt	x	x
<b>• Severe</b>	Simplified rules, extra explanation, only if needed,, 2 hours or less training session	White and blue flag, lots of repetitions, special attention to the child or assistance of the Assistant	All movements, except throwing (for security reasons, when a metallic bocce or a jack ricochets or bounces, it can hit someone)	The adjusted shortened outdoor field/playground (jog, zog) is used for bocce, jack smaller size for young people and kids

