

Topic	Explanation
Country, city	Croatia-Rijeka
Name	Cross boccia
Aim	The aim is to throw and place cross boccia as close as possible to the target ball and thereby score points.
Duration of the lessons	2 hours training session
Expertise, experience of trainer	An expert is needed with a degree, who has gone through the program of getting the necessary competencies. Years of experience, additional education and exchange of experiences with trainers from around the world. Preferably for trainer to pass additional tests from special pedagogy, sociology, didactics, defectology, professional seminars and education for working with children with intellectual difficulties. It is preferable for trainers to pass additional tests from special pedagogy, sociology, didactics, defectology, professional seminars and education for working with children with intellectual difficulties.
Age group	This is a sport meant for persons with disabilities from the pre-school age all the way to old age (for all age groups).
Rules	Every player has 3 identical playballs. One player is drawn or selected, to start the game by throwing the target ball from a starting point that he chooses. All other players have to play from this point as well. The target ball can be thrown basically anywhere, there is no special playing area. The player who had thrown the target ball (bulin/jack) has to start the game by throwing his first playball. All other players continue by throwing their first playball as well. The player whose ball is furthest from the target ball, has to throw his second and third playball. All other players have to play their second and third playing ball as well, according to the distance. Afterwards the points are to be counted. The player who won the round begins the next round by throwing the target ball to a place he chooses. If two or more players scored identical points, then the player who won the previous round gets to start the next round.
Set of movements	elbow push, pushing a cross boccia by hand or head, to push a cross boccia by stick which is held in the mouth, rolling a cross boccia on the floor (which is thrown by arm or the special ramp for playing boccia – by what cross boccia slips).
Equipment	helmet with superstructure holder, fender-ramp - by what cross boccia slips, mouth stick for pushing boccia, splints Competition wheelchairs should be as standard as possible. Scooters may also be used. Special clothing: - Any other material: -
Required space	Bigger and better lit up halls are adjusted for persons with disabilities.
Inclusive experience	A kinesiologist who has knowledge and experience in working with mixed groups of children (with and without disability)

Type of disability	Rules (game rules, duration)	Instructions	Set of movements	(Adapted) Equipment
Hearing impairment Complete loss	x, 2 hours training session	Communication by sign language and reading from the lips, coach needs to point face towards a player and to have an eye contact with him/her, optional professional communication assistant as support for player beginner, blue and red flags, cards with tags of different movements and actions	x	A light signal of the referee or a flag or vibration signal , cards with tags of different movements and actions
Reduced hearing	x, 2 hours training session	Communication by sign language and reading from the lips, coach needs to point face towards a player, optional professional communication assistant as support for player beginner, blue and red flags, cards with tags of different movements and actions	x	A light signal of the referee or a flag or vibration signal , cards with tags of different movements and actions, hearing loop
Visual impairments • Low vision	x, 2 hours training session	Giving instructions verbally and by need tactile (touch)	x	Fluorescent colored cross boccia, lightened target ball, fluorescent marks on the field (edges of the field), illuminated hall, outfit in bright colours Green balls should be avoided when playing in the grass
• Reduced vision	x, 2 hours training session	Giving instructions verbally and by need tactile (touch)	x	Fluorescent colored cross boccia, illuminated target ball, fluorescent marks on the field (edges of the field), illuminated hall, outfit in bright colours Green balls should be avoided when playing in the grass
No vision	X, 2 hours training session	Giving instructions verbally and tactile (touch)	x	Balls with bells in order to create sounds when ball has been thrown, sports assistant for collecting and adding boccia, to add and scroll pegs on board assistant's whistle when starting and ending a game Boccia Grid- The rubber grid and press-in pegs allow the player to scan/see the board, which is scaled to the playing area, with their fingers. Pegs have different shapes for every team
Mobility impairment Reduced mobility (use of lower limbs and upper limbs)	x, 2 hours training session	Player with reduced mobility (use of lower limbs and upper limbs) can play by sitting on chair. If player with reduced mobility (use of lower limbs and upper limbs) plays with a player without disabilities, then is preferred that a player without disabilities also sits on the chair.	If player is rolling cross boccia by feet: movements which are possible to be done by feet and leg If player is pushing a boccia by stick or special designed helmet with superstructure holder: movements which are possible to be done by neck movements	touchable lines on the floor sports assistant for collecting and adding cross boccia

Reduced mobility (use of lower limbs and no use of upper limbs)	x, 2 hours training session	Player with reduced mobility (use of lower limbs and no use of upper limbs) can play: 1) rolling cross boccia by feet 2) pushing a cross boccia by stick which is held in the mouth. through the ramp - by what cross boccia slips. 3)) pushing a cross boccia by special designed helmet with superstructure holder, through the ramp - by what cross boccia slips.	If player is rolling cross boccia by feet: movements which are possible to be done by feet and leg If player is pushing a cross boccia by stick or special designed helmet with superstructure holder: movements which are possible to be done by neck movements	sports assistant for collecting and adding boccia, flat and smooth base/floor, special designed ramp for playing boccia - by what cross boccia slips, special designed helmet with superstructure holder
Reduced mobility (no use of lower limbs and no use of upper limbs)	x, 2 hours training session	Player with reduced mobility (no use of lower limbs and no use of upper limbs) can play: 1) rolling cross boccia by amputated limbs 2) pushing a cross boccia by stick which is held in the mouth. through the ramp - by what cross boccia slips. 3)) pushing a cross boccia by special designed helmet with superstructure holder, through the ramp - by what cross boccia slips.	If a player is rolling cross boccia by amputated limbs: movements which are possible to be done by amputated limbs If player is pushing a cross boccia by stick or special designed helmet with superstructure holder: movements which are possible to be done by neck movements	sports assistant for collecting and adding boccia, flat and smooth base/floor, special designed ramp for playing cross boccia - by what cross boccia slips., special designed helmet with superstructure holder
Wheelchair users (use of upper limbs)	x, 2 hours training session	x	x	Splints, sports assistant for collecting and adding boccia, flat and smooth base/floor, optional sporting wheelchair
Wheelchair users (no use of upper limbs)	x, 2 hours training session	Player - Wheelchair user (no use of upper limbs) can play: 1) pushing a cross boccia by stick which is held in the mouth. through the ramp - by what cross boccia slips. 2)) pushing a cross boccia by special designed helmet with superstructure holder, through the ramp - by what cross boccia slips. 3) if player can do easy movements by feet, he/she can roll a cross boccia by feet	If player is pushing a cross boccia by stick or special designed helmet with superstructure holder: movements which are possible to be done by neck movements If player is pushing a cross boccia by feet: movements which are possible to be done by feet	Splints, sports assistant for collecting and adding boccia, flat and smooth base/floor, optional sporting wheelchair, ramp for playing cross boccia - by what cross boccia slips., special designed helmet with superstructure holder
Communication impairment Speech impairments	x, 2 hours training session	x	x	x
Learning impairment • Mild	Extra explanation, only if needed, 2 hours or training session	Returning to the exercise and giving additional explanation, only if needed	x	x
• Moderate	Extra explanation, only if needed, 2 hours or training session	returning to the exercise, if needed to teach the child a few moves as much as he can adopt	x	x
• Severe	Extra explanation, only if needed, 2 hours or training session	returning to the exercise, if needed to teach the child a few moves as much as he can adopt	x	sports assistant for collecting and adding boccia

